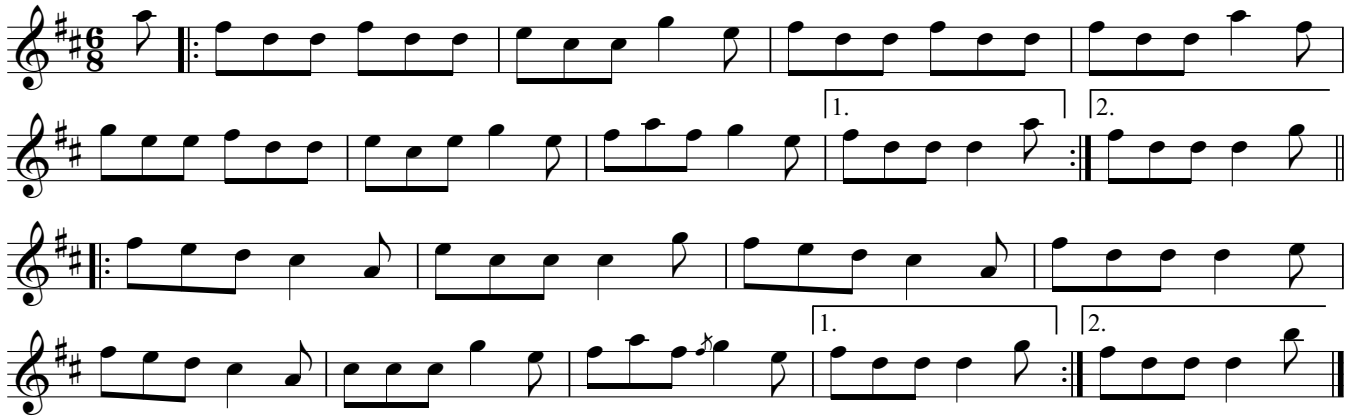John the Blacksmith